



<https://bit.ly/2zgQuB1>

# Please sign in!

Ross University School of Medicine  
Presentation

Lori Muramoto, *Sr. Associate Director of  
Admissions*

<https://goo.gl/hbRSEV>



**Hello!**

**Please sign in :)**

HOSA at UHM General Meeting #3

Food is on the side of the room!



# Agenda

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## UPDATES

Announcements

2

## SLC

State Leadership Conference

3

## UPCOMING EVENTS

Fall Banquet, Making Strides,  
Study Sessions, etc.



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# **Updates/ Announcements**

# Kahala Very Merry Fundraiser

- ❖ \$5 Each Ticket
- ❖ Due Friday, November 23rd
- ❖ Please return tickets to Exec Members
- ❖ Will be dispersing at end of meeting today





# PAC Job Opportunity

- ❖ PAC is hiring 6 new peer advisors
- ❖ As a Pre-Health Peer Advisor, you will help pre-health students make four-year plans which include the prerequisites for professional school and the application timeline
- ❖ **Start time:** Summer 2019
- ❖ **Pay:** \$11.76/hour
- ❖ You do **not** have to be a pre-health student to apply
- ❖ Send resumes to Dr. Kiana Shiroma (Director of PAC): [kianak@hawaii.edu](mailto:kianak@hawaii.edu)





# Interested in starting an APAMSA Chapter?

- ❖ the Asian Pacific American Medical Student Association is a national medical/pre-medical student organization that aims to further advance awareness of Asian American Pacific Islander health
- ❖ If anyone is interested in learning more about APAMSA and potentially starting a UHM chapter, please visit <https://apamsa.org/> or email [premed@apamsa.org](mailto:premed@apamsa.org).



# Volunteer for Blue Zones 4M

- ❖ Blue Zones is a non-profit ran by HMSA that aims to advocate for healthier local communities.
- ❖ Seeking student volunteer interns for SP 2019
- ❖ Work is done in Manoa/Makiki/McCully/Mo'ili'ili
- ❖ Interns will assist with outreach and events on evenings and weekends
  - Workshops, environmental volunteer events, yoga classes, cooking demos, community presentations, etc.
- ❖ Volunteering/interning can be used for 499 capstones (if you need one) or any other type of project
- ❖ If interested, please submit resume to Molly Mamaril at [bluezonesprojectmmmm@sharecare.com](mailto:bluezonesprojectmmmm@sharecare.com)





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SLC

# HOSA State Leadership Conference

February 26-27, 2019\*  
Hawaii Convention Center

1. [Pick an event](#)
2. Find a partner (if you need one)
3. [Fill out our sign up form](#) by 12/17
4. Submit conference fee (\$120) by January

Preparing for your event:

1. Review your event guidelines
2. Acquire study materials
3. Most event tests are multiple choice exams + skills tests

*\* Absence notes will be provided*





# 3 Events

# Making Strides Against Breast Cancer Walk

When: Saturday, November 17

Time: 5AM - 10AM

Where: Keehi Lagoon

Role: Route Marshalls and Cheerleaders

RSVP: Past

Points: 2.5





# Fall Banquet

When: Saturday, November 17

Time: 5PM - 8PM

Where: Campus Center Executive Dining

RSVP: Past



# Christmas Social

When: Saturday, December 15

Time: 5PM - 8PM

Where: TBD

RSVP: Wednesday, December 12 at 11:59PM

LINK:

[https://docs.google.com/forms/d/e/1FAIpQLSeCaXkNg3MeFeiJSRkQrIBv6oIYmG0qMpZ--J4uZIlfoSdC5w/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSeCaXkNg3MeFeiJSRkQrIBv6oIYmG0qMpZ--J4uZIlfoSdC5w/viewform?usp=sf_link)





# Jingle Rock Run

When: Sunday, December 16

Time: 4:30PM - 8:30PM

Where: Downtown Honolulu

Role: Route Marshalls and cheerleaders

RSVP: Saturday, December 8 at 11:59PM

Points: 2

LINK:

[https://docs.google.com/forms/d/e/1FAIpQLSdkFqFH0zPI3ulmrWT5w4yKE62PItXU2bGnZeCyRmg4wO4ScQ/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSdkFqFH0zPI3ulmrWT5w4yKE62PItXU2bGnZeCyRmg4wO4ScQ/viewform?usp=sf_link)



# Study Sessions

1. **Monday, November 19** 9AM-7PM CC Dining 203A
2. **Monday, November 26** 9AM-10PM CC310
3. **Wednesday, November 28** 2PM-7PM HEM215
4. **Monday, December 3** 2PM-9PM HEM215
5. **Tuesday December 4** 2PM-9PM HEM211
6. **Wednesday, December 5** 9AM-9PM CC307
7. **Thursday, December 6** 2PM-9PM HEM215
8. **Friday, December 7** 2PM-9PM HEM215
9. **Monday, December 10** 2PM-10PM HEM211
10. **Wednesday, December 12** 2PM-10PM HEM 204
11. **Thursday, December 13** 9AM-5PM CC307  
5PM-10PM HEM211



**0.5 POINTS PER STUDY  
SESSION  
CAPPED AT 3 POINTS**

**NO SIGN UPS,  
JUST COME**

# Thanks!

**Any questions?**

Feel free to email

[hosauhm@hawaii.edu](mailto:hosauhm@hawaii.edu)

